

Multidisciplinary Team

Working together to achieve your therapy goals

What is a multidisciplinary team?

A multidisciplinary team is a group of Allied Health professionals from different disciplines working together to support you to achieve your therapy goals.

At NeuroRehab Allied Health Network, we provide a range of services to support you more holistically.

Our team can work together on a single goal with each team member offering specialised therapy based on their professional training, or they can each support you with different goals.

Who works on my team?

At NeuroRehab Allied Health Network, your multidisciplinary team may include:

- Physiotherapist
- Occupational Therapist
- Exercise Physiologist
- Speech Pathologist
- Neuropsychologist or Psychologist
- Behaviour Support Practitioner
- Music Therapist
- Dietitian
- Allied Health Assistant
- Remedial Massage Therapist



Multidisciplinary teams offer best care

- ✓ A single point of communication to make your life simpler.
- ✓ Therapists share important information to keep you from having to retell your story over and over.
- ✓ Therapists work collaboratively to tackle your goals using multiple approaches and skills.
- ✓ Therapists use consistent language and share knowledge and resources for a coordinated approach.
- ✓ Super sessions available, with multiple therapists treating at the same time.
- ✓ Care team meetings are easy to arrange when all team members are known to each other.
- ✓ Coming to the clinic? Minimise your travel by booking appointments on the same day.
- ✓ Therapists can divide your goals among themselves so there is no wasted funding on double-up therapies.
- ✓ More options – when a different therapy is better suited, no need to fill out more forms!



For more information call **1300 1316 19**, email intake@nrah.com.au or visit nrah.com.au