## **Multidisciplinary Team**

Working together to achieve your therapy goals



## What is a multidisciplinary team?

A multidisciplinary team is a group of Allied Health professionals from different disciplines working together to support you to achieve your therapy goals.

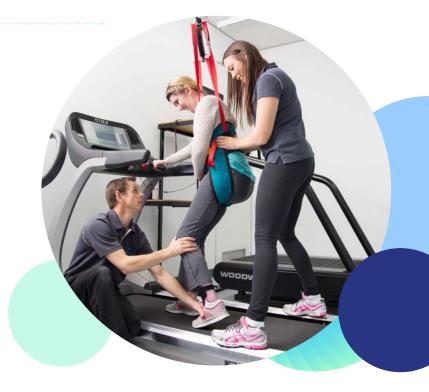
At NeuroRehab Allied Health Network, we provide a range of services to support you more holistically.

Our team can work together on a single goal with each team member offering specialised therapy based on their professional training, or they can each support you with different goals.

## Who works on my team?

At NeuroRehab Allied Health Network, your multidisciplinary team may include:

- Physiotherapist
- Occupational Therapist
- Exercise Physiologist
- Speech Pathologist
- Neuropsychologist or Psychologist
- Behaviour Support Practitioner
- Music Therapist
- Dietitian
- Allied Health Assistant
- Remedial Massage Therapist



## Multidisciplinary teams offer best care

- A single point of communication to make your life simpler.
- Therapists share important information to keep you from having to retell your story over and over.
- Therapists work collaboratively to tackle your goals using multiple approaches and skills.
- Therapists use consistent language and share knowledge and resources for a coordinated approach.
- Super sessions available, with multiple therapists treating at the same time.
- Care team meetings are easy to arrange when all team members are known to each other.
- Coming to the clinic? Minimise your travel by booking appointments on the same day.

- Therapists can divide your goals among themselves so there is no wasted funding on double-up therapies.
- More options when a different therapy is better suited, no need to fill out more forms!

For more information call 1300 13 16 19, email intake@nrah.com.au or visit nrah.com.au